

Reading Well

Books on Prescription for Dementia Booklist



There are 25 titles on this booklist from The Reading Agency. The books have all been recommended by health experts and people with lived experience of dementia. Books can be recommended by health professionals or people can self-refer and borrow titles for free from their local public library.

You can borrow many of the “Books on Prescription for Dementia” books from the Sir Thomas Browne Library. The shelf location of these books is included.

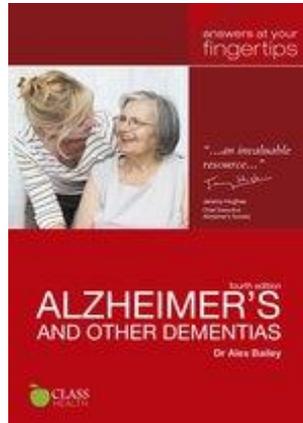
The titles on the booklist are divided into four categories:

- information and advice;
- living well with dementia;
- support for relatives and carers;
- personal stories.

If you would like to borrow a book from this collection or see a complete list of our books about Dementia and Alzheimer’s

please visit The Sir Thomas Browne Library
or email: library@nnuh.nhs.uk
or phone: 01603 286893 (internal ext. 2893)
or visit www.elms.nhs.uk

Information and advice



Introduction to the psychology of ageing for non-specialists by Ian Stuart Hamilton (WT 145)

Coping with memory problems by Sallie Baxendale (WM 173.7)

Alzheimers: Answers at your Fingertips by Alex Bailey

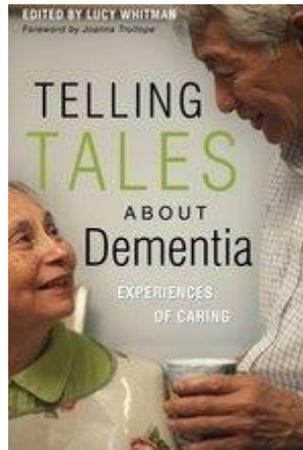
Understanding Alzheimer's Disease & other Dementias by Nori Graham and James Warner (WM 220)

ABC of Dementia edited by Bernard Coope and Felicity Richards (WM 220)

About Dementia: for people with learning disabilities by Karen Dodd, Vicky Turk and Michelle Christmas (WM 220)

Grandma by Jessica Shepherd (WM 220)

Personal stories



Dancing with Dementia: My story of living positively with Dementia by Christine Bryden (WM 220)

Dear Dementia: The laughter and the tears by Ian Donaghy (Hawker)

Still Alice by Lisa Genova (WM 220)

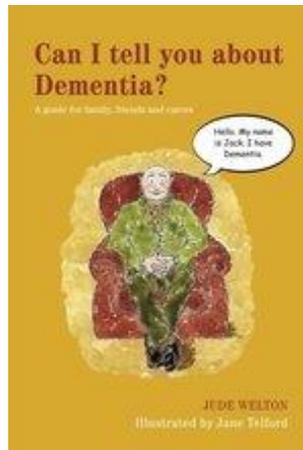
Losing Clive to younger onset Dementia: one family's story by Helen Beaumont (WM 220)

Telling tales about Dementia: experiences of caring by Lucy Whitman (WM 220)

The little girl in the radiator: Mum, Alzheimer's and me by Martin Slevin (WT 155)

But then something happened: a story of everyday Dementia by Chris Carling (WT 158.4)

Support for relatives and carers



When someone you love has Dementia by Susan Elliot-Wright (WM 220)

And still the music plays: stories of people with Dementia by Graham Stokes (WM 220)

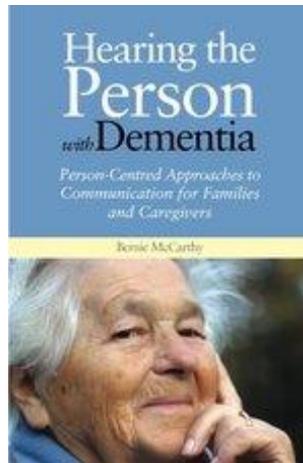
Can I tell you about Dementia? A Guide for family, friends and carers by Jude Welton (WM 220)

Dementia: support for family and friends by Dave Pulsford and Rachel Thompson (WM 220)

10 helpful hints for carers: practical solutions for carers living with people with Dementia by June Andrews (WM 220)

Seeing beyond Dementia: A handbook for carers with English as a second language by Rita Salomon (WM 220)

Living well with dementia



First steps to living with Dementia by Simon Atkins (WM 220)

Dementia Positive by John Killick (WM 220)

Hearing the person with Dementia: person-centred approaches to communication for families and caregivers by Bernie McCarthy (WM 220)

Chocolate Rain: 100 ideas for a creative approach to activities in Dementia care by Sarah Zoutewelle-Morris (WM 220)

Pictures to share (various titles) by Helen Bate

**THE
READING
AGENCY**

For further details about the Reading Agency and the **Books on Prescription for Dementia Booklist**:

<http://readingagency.org.uk/adults/news/reading-well-books-on-prescription-for-dementia-booklist.html>